

# Acaciawood Athletic Guidelines 2002-2003

## SCHOLASTIC ELIGIBILITY

Any student enrolled at AWS between ninth and twelfth grades is eligible. Students who turn 19 years of age prior to June 15 shall not be eligible to participate or practice with the school team.

### **Initial Eligibility**

1. Eligibility for ninth graders entering high school from eighth grade will be based on the overall grade point average (GPA) of their last report card. Minimum is at least 2.0.
2. Eligibility for fall sports will be based on the previous quarter report card prior to the fall season. Minimum GPA shall be 2.0 overall. Students may begin practicing in May for fall sports.
3. Eligibility for winter and spring sports will be determined by the previous quarter report card prior to the season of sport. Minimum GPA shall be 2.0 overall. Students may begin practicing in summer for winter sports.

### **Continuing Eligibility**

1. Minimum 2.0 GPA overall at each quarter report card or grade check and a minimum effort grade of 5 in each class.
2. Any athlete who is suspended from school will be suspended from practicing or playing on the sports team until the offense is resolved satisfactorily with the school. Expulsion from school will result in dismissal from the team.
3. Athletes must be achieving minimum progress toward graduation; i.e., they cannot fail any class.

### **Grade Checks**

1. Grade checks will be conducted every two weeks during the season of sport. The office will circulate grade check forms to teachers and report the findings to the coaches.
2. Athletes should check with their coaches, rather than with the office, about the results of a grade check.
3. A grade of "Incomplete" in any subject counts as a failing mark and previous rules for eligibility will apply. Special circumstances will be considered on an individual basis.

### **Probation**

1. Athletes who do not meet the minimum grade eligibility requirements or fail any class, regardless of GPA will be placed on academic probation for two weeks until the next grade check.
2. Athletes on probation are expected to continue to attend practices.
3. Athletes will not be allowed to suit up for or play in any game for two weeks, nor will the student on probation be allowed to sit on the bench with the team during the games.
4. If the athlete fails to pass the subsequent grade check, the athlete has failed probation and will be dismissed from the team.

### **Residential Eligibility/Transfer Students**

- California Interscholastic Federation –South Section Office (CIF-SS) must approve all first year foreign transfers.

- First year transfer students are eligible if:
  1. There is a bonafide change of address of the student AND parents or legal guardians. If change of address is of STUDENT ONLY, then student is ineligible for Varsity competition for (1) one year.
  2. Student has not completed (1) one season of the desired sport at previous school for that school year. If season has been played, then student is ineligible for that sport for (1) one year.

## PLAYER CLEARANCE

### Clearance Packets

- All athletes must complete and turn in an Athletic Clearance Packet before June 1<sup>st</sup>
- Any student not meeting the June 1<sup>st</sup> deadline will be unable to practice or play in any game until a completed packet is turned in.
- Clearance Packet includes but is not limited to:
  1. Liability Waiver
  2. Proof of Insurance Form
  3. Medical Release Form
  4. Physical Exam Form
  5. CIF Code of Conduct Agreement
  6. Transportation Liability Waiver
  7. Eligibility Acknowledgement Form

### Physical Exams

An annual physical exam or statement by a medical doctor certifying the student is physically fit to participate in athletics is required.

### New Players

- All new players must be approved by the Principal and the Athletic Director (and CIF-SS Office where applicable) before participation in a practice or game
- All new players must complete a Clearance Packet before participation in a practice or game.

## SEASONS OF SPORT/PRACTICES

Fall Sport:	Girls Volleyball, Boys Cross Country	August –November
Winter Sport:	Boys Basketball	November-February

### Dead Week (August)

The first three weeks of August are considered “dead weeks” by the CIF-SS Office. During this time only weight-lifting and conditioning is allowed. Coaches may not meet in or organize practice type situations with the teams. Organized team practice is interpreted as the association of a coach with potential high school team members for the purpose of learning or practicing sport related skills.

### Spring Practice

- CIF allows teams to begin practice session for existing high school members in mid-May (exact date varies).

- Practices may be scheduled Monday thru Friday for a maximum of one and one-half hour.
- The time between the end of the season of sport and the first day of spring practice is dead time. Weight lifting and conditioning only are allowed.
- Eighth graders may not practice with high school athletes, but may form an independent practice time.

### **Summer Practice**

- Practice may begin the first weekday following the last day of school
- Practices may be Monday thru Friday (Saturdays at the coach's discretion)
- Graduated eighth graders (incoming freshmen) are eligible for practices

### **Season Practices**

- Practice may be held Monday thru Friday and occasionally Saturdays (at coach's discretion) for a maximum of (2) hours.
- Practice time shall not extend beyond 6:00 PM on any school day.
- Practice will not be scheduled the week preceding and the week of finals or midterms.
- Practice will not be scheduled during conferences and trainings.
- Excused absences from practice will be given for the following two reasons: students are issued a detention or students have an ASB meeting after school.

## **GAME SCHEDULING/ROSTERS**

### **Team Rosters**

- Official team rosters must be turned into the principal no later than June 1<sup>st</sup>. Rosters will be based on athletes currently participating in summer practices and can be subject to change. Updated rosters need to be submitted at the beginning of the season of sport.
- It is the coach's responsibility to inform the principal of any player who drops from the team.
- It is the coach's responsibility to inform the principal of any new player (see New Player Clearance) who wishes to join the team after June 1<sup>st</sup>.

### **Game Schedules**

#### 1. Season Schedules

- Schedules for the following season must be turned into the principal no later than the last day of school for approval.
- No schedule is official until it receives the proper review and principal approval.
- Any game added after the official schedule has been approved, must be submitted for approval.

#### 2. Number of Contests

- Each sport is restricted to no more than 20 games/scrimmages per school year.
- As per CIF-SS rules, teams may not be entered in more than three tournaments. For each tournament, a team will be charged two games/matches toward the allowable maximum number of contests. Each team is permitted to play one game with faculty and one game with alumni, which will not count toward the allowable number of contests and must be played during the regular season of sport, effective with any date following the first allowable scrimmage.
- No more than two games per week may be scheduled; no more than one game may be played Monday through Thursday.
- If two weekday games are scheduled, one must be on a Friday.

## **ATTENDANCE REQUIREMENTS**

**Practice:** athletes must be present at school for the entire day in order to participate in practice that day.

**Games:** athletes must be present at school for the entire day in order to play in a game that day.

**Absences:** any athlete absent the day after a game will not be eligible to play the following game.

## **UNIFORMS/PRACTICE CLOTHES**

- Shirts  
Shirts must be plain or have logos from AcaciaWood or Summer School of Truth. No company logos, sayings or pictures. Shirts must not be see through, short to bare midriff or cut off at sleeves. Tank tops are not permitted. Shirts must be hemmed.
- Shorts  
Shorts must be of appropriate length and cut. Shorts must be hemmed
- Violations  
Any player violating practice clothing rules will have to change into acceptable attire. Repeated violations are grounds for disciplinary action which may include two week probation.

## **PE CREDIT**

A student will receive one year of PE credit for each full season of sport played, during that year of play. If a student is ineligible for the team due to, but limited to, disciplinary action or grades for more than one half of the season, then P.E. credit will not be received.

## **COACH'S ROSTER**

A roster of adults who will be assisting the coach must be submitted to the administration by June 1<sup>st</sup>. The roster is subject to the approval of the principal.

- The girls' teams may only use females on the coaching staff.
- The boys' teams may only use males on the coaching staff.
- Indicate the role of each adult will have in relation to the team, as well as who will be transporting students to games, either in the school van or in personal vehicles.
- Only approved assistants will be permitted to practice with the team.
- Only approved assistants will be permitted to travel with the team as drivers or passengers.
- Only approved assistants will be permitted to sit with the team at games.